

# The Call of the Stone Sentinel: An Expedition to Mt. Aconcagua

## Best Season: January-February

Towering over the Andes like a titan, Mt. Aconcagua reigns supreme as the highest peak in the Americas, its snow-capped summit piercing the thin air at a staggering 6,962 meters (22,841 ft). This legendary Mt. Aconcagua Expedition, nicknamed the expedition to "Roof of the Americas," attracts adventure seekers from across the globe, each drawn to the intoxicating challenge and unparalleled beauty it offers. The Mt. Aconcagua expedition is a demanding journey that tests both physical and mental resilience. Trekkers must navigate a diverse and unforgiving landscape, from the arid base camp nestled in valleys to the icy slopes and treacherous glaciers that guard the summit. The thin air at high altitudes presents a significant challenge, requiring a gradual acclimatization process to allow the body to adjust to the reduced oxygen levels.

Despite the inherent difficulties, the rewards of completing Mt. Aconcagua expedition are truly life-changing. Witnessing the breathtaking panoramas unfold as you ascend, from the vast expanse of the Andes to the clouds seemingly within reach, is an experience that remains etched in memory forever. Standing atop the highest peak in the Americas is a monumental achievement, a testament to one's unwavering determination and a source of immense personal pride. Gazing out at the endless expanse of the Andes, the feeling of accomplishment washes over you. The question "Did I really climb that?" echoes in your mind, a testament to your unwavering determination.

Though not a technical climb, Aconcagua demands respect. Proper training, strong backpacking skills, and specialized gear are crucial for a safe and successful summit bid. Are you ready to answer the call of the Stone Sentinel?

## **Expedition Highlights:**

- Attain an elevation of 22.840 ft
- · Climb one of the Seven Summits
- · Highest mountain in the South America
- Climb two peaks of 5000+ meters during the expedition



# Why choose GAF?

Aconcagua, the "Roof of the Americas," may not be technical, but its extreme altitude and unpredictable weather demand respect. Success rates vary, and the mountain claims lives each year.

GAF prioritizes your safety. Our experienced, certified guides lead the way with a low climber-to-guide ratio. We meticulously plan for success with thorough pre-expedition training and a strategic acclimatization itinerary. Reach the summit with confidence – choose GAF. Approximately 1% climbing members die each year mainly due to HAPE or HACE. Again the fundamental remains the same. That the mountain holds the last authority and allows well trained and well acclimated climbers to embrace her only in her best times.

GAF puts paramount focus on Thorough Preparation, Absolute Safety and Sufficient Acclimatization of the team. For that purpose, we have chosen route with 14 climbing days which makes it an optimally paced trek with enough acclimatization.

With detailed planning and preparation, we intend to give our climbers best possible climbing experience on Mt. Aconcagua. Please go through the brochure for more details.

**Expedition Fees: US\$ 6399** 

Suggested Personal Kitlist: <u>Click Here!</u>
(Details of Technical Equipment provided by GAF and other renting options will be shared seperately)



## Itinerary

DAY 1:	Arrival at Mendoza (760 M)  Arrive in Mendoza, Argentina.  Transfer to hotel for check-in.  Group expedition briefing in the afternoon.
	Gear check by guides with rental/purchase assistance. Free evening to explore Mendoza (dinner not included).
	Drive from Mendoza to Puente Del Inca (2725 M)  After breakfast, depart for Puente del Inca, the starting point for your acclimatization trek.
DAY 2:	Enjoy lunch in Uspallata. Check in to your hotel next to the logistical base camp.
	Prepare loads for the mules transporting your gear for the next leg.
	Trek to Confluencia Camp (3300 M)
DAY 3:	Enjoy breakfast and take a short van ride to the Aconcagua Park entrance.
	Present permits and embark on a scenic 3.5-hour trek to Confluencia Camp.  Follow a well-maintained trail with light backpacks, enjoying the views.
	Upon arrival, receive a warm welcome and camp tour.
	Spend two comfortable nights at Confluencia Camp with meals and drinks included (hot showers and Wi-Fi available for an extra charge).
	Acclimatization hike to Plaza Francia (4000 M)
	After breakfast, embark on a scenic trek to Plaza Francia lookout.
DAY 4:	Enjoy a packed lunch while marveling at the iconic South Face of Aconcagua.
	Explore the area and descend back to Confluencia Camp for the night.  This round-trip trek takes approximately 6-7 hours.
	Trek to Plaza De Mulas (4260 M)
DAY 5:	Hike to Plaza de Mulas Base Camp following the Horcones River.
	Enjoy a moderate pace set by the guides for a comfortable trek.  Reach Base Camp after 7-9 hours, offering meals, Wi-Fi, and hot showers (upon request).
	Rest day at Plaza De Mulas (4260 M)
DAY 6:	Enjoy a relaxing day at Plaza de Mulas Base Camp.
	Take a scenic walk around the base camp to soak in the views.  Attend an afternoon briefing about gear for tomorrow's climb of Mt. Bonete.
	Hike up to Mt. Bonete (5100 M) and back to Plaza De Mulas
<b>DAY 7:</b>	Ascend Mt. Bonete, exceeding 5,000 meters.
	Take in breathtaking panoramic views of Aconcagua and surrounding peaks.  This 6-7 hour climb provides essential acclimatization for the Aconcagua summit push.
	Trek to Camp 1: Canada (4910 M) and back to Plaza De Mulas
DAY 8:	Hike to Camp Canada (Camp 1) for acclimatization.
DAT 6.	Carry water for the camp due to recent droughts (everyone contributes).  Optional: Lighten your return load by carrying some gear to Camp 1 (if not using a porter).
	Enjoy lunch and a camp tour before returning to Base Camp for rest.
DAY 9:	Rest and Acclimatization at Plaza De Mulas

## Itinerary

DAY 10:	Climb up to Camp 1 Canada  Hike to Camp Canada with your personal gear. Porters will transport heavier items like tents, food, and fuel. Enjoy lunch, set up camp, and rest at Camp Canada for the night.
DAY 11:	Climb up to Camp 2: Nido De Condores (5250 M)  Hike to Camp 2 (Nido de Cóndores) carrying your personal gear and water (if needed).  Porters will manage expedition equipment, food, and tents.  Set up camp, enjoy dinner, and rest at Nido de Cóndores for the night.
DAY 12:	Rest day at Camp 2: Nido De Condores  Rest and acclimatize at Camp 2 (Nido de Cóndores) for improved summit chances.  This day is dedicated to relaxation for better altitude adjustment.  Guides will conduct crampon and self-arrest practice to ensure safe summit climb.
DAY 13:	Climb to Camp 3: Cólera (6000 M)  Hike to Camp 3 (Cólera) with your personal gear.  Porters will transport tents and group gear.  Enjoy the wind shelter of Cólera Camp.  Gear check, summit climb orientation, and early dinner for rest.
DAY 14:	Summit Push to Mt. Aconcagua (6962 M)  Summit to Mt. Aconcagua! Summit day begins with an early wake-up call, light breakfast, and hot drinks.  Follow the guides on a gradual climb for 2 hours, reaching Independencia Hut.  Traverse the North Face and ascend the Canaleta gully to reach the summit ridge.  Marvel at breathtaking panoramic views as you ascend.  Descend to Camp Colera after enjoying the summit and capturing photos (weather permitting).
DAY 15:	Climb down to Plaza De Mulas from Camp 3: Colera Celebrate Aconcagua's summit push! Descend safely and steadily from Camp Colera with your personal gear. Porters will manage sleeping tents and waste. Enjoy a celebratory dinner and rest at Plaza de Mulas Base Camp.
DAY 16:	Plaza De Mulas to Horcones to Mendoza  Descend to Horcones, the park entrance, on a final trek (6-7 hours).  Pack light with just a jacket and lunch; mules will carry your belongings.  Transfer back to Mendoza City and check into your hotel for well-deserved rest.
DAY 17:	Departure from Mendoza Breakfast and Departure to Mendoza Airport
DAY 18:	Spare day for Summit Attempt
DAY 19:	Spare day for Summit Attempt



#### Fee includes:

- 1. Transfers as per itinerary
- 2. Accommodation according to the itinerary (in 2 nights Hotel stay is bed & breakfast only. In tents, all meals will be served as per itinerary)
- 3. Full board throughout the trip
- 4. Experienced English-speaking Mountain guide
- 5. Outdoor cook
- 6. Technical Equipment as per the List to be shared.
- 7. Visa support, Passport Registration
- 8. Purified water during the climb
- 9. Assistance to obtain climbing permit.
- 10. Mountain hotel stay in Puente Del Inca
- 11. Mules for carrying load as and where mentioned in itinerary. (only 30 kg at each stage)
- 12. Trekking to Plaza Francia
- 13. Climb to Mt. Bonete.
- 14. (High Altitude Friends') HAFs for ferrying common equipment during the climb.
- 15. Climbing Permit Fee.

#### Fee Do not Include:

- 1. International round-trip airfare to home country Mendoza.
- 2. Excess baggage charges, lost luggage and airport taxes.
- 3. Single Occupancy Supplement.
- 4. Guide and base camp staff tips.
- 5. Additional porters hired to carry your personal gear if you choose. It is far better to hire them in advance because of availability and important discounts.
- 6. Some supplemental snacks, such as candy bars and drinks not mentioned in Includes
- 7. Additional hotels and meals if the expedition finishes and returns to Mendoza early.
- 8. Alcoholic beverages and bottled drinks.
- 9. Airport transfer back to the airport. Taxis are an easy way to get back from the hotel to the airport after the expedition, but Uber and Cabify are also available in Mendoza city.
- 10. All fees incurred for early departure from the scheduled itinerary (whether personal or medical), including additional hotels, meals & transportation (mules, auto or helicopter) a full schedule of departure evacuation fees will be sent in confirmation materials for early departures.
- 11. Personal gear (personal clothing). See gear list.
- 12. Charges incurred due to delays beyond the control of Giripremi Adventure Foundation and our local partners.
- 13. Trip cancellation insurance / Rescue and evacuation insurance / Covid-19 Insurance. (Specified Insurance is compulsory for the expedition permit)

## **Registration Process:**

- Pay the first installment Rs. 1,00,000 / person. Balance can be paid 1 month prior to the trek
- One-time online <u>enrollment form</u>.(Ignore if already filled)
- Medical Form: Medical form should be duly filled, signed and stamped from a doctor (MBBS and above)
- <u>Indemnity Bond:</u> Print the first page of the indemnity bond on INR 500 stamp paper and remaining pages on normal paper and notarize the bond.

Bank Transfer:

Account Name: GIRIPREMI ADVENTURE FOUNDATION

Bank Name: HDFC BANK, FC Road Branch

A/c No.: 50200062745252

IFSC: HDFC0000103

UPI: 8668548653@okbizaxis

OR

Scan QR CODE

## **Cancellation Policy:**

- If cancellation is made one month or more prior to the trek, we will refund 100% of the paid amount (excluding the booking amount)
- If cancellation is made 15 to 30 days prior to the trek, we will refund 50% of the paid amount
- If the cancellation is made within 15 days prior to the trek, there will be no refund.
- If the trek gets cancelled due to any any natural calamities like
   Uttarakhand floods, Nepal Earthquake, Covid-19 pandemic, we will
   refund the trek fees deducting actual expenses incurred depending on
   the stage of the trek.

# **FAQs**

#### How Difficult is this climb?

Technical Difficulty: Difficult: The standard routes (Normal Route, Polish Glacier Traverse, Vacas Valley Route) may not require extensive technical climbing experience. Crampons and fixed ropes: These may be necessary on certain sections, so familiarity with their use is recommended.

Physical Difficulty: Extremely Demanding: This climb is no walk in the park. Expect a rigorous challenge that typically requires climbers to undergo a dedicated 4-5 month training program beforehand.

Other Difficulties:

Altitude Sickness: This is the biggest hurdle for most climbers. Proper acclimatization (a key focus in our programs) and peak physical fitness are essential to overcome its effects.

Low Temperatures: Brace yourself for frigid mountain conditions.

Multi-Day Expeditions: Be prepared for several days spent camping and navigating challenging terrain.

#### • Give me some tips about level of fitness required

Climbers are supposed to be in good physical conditions. You should increase the level of intensity of training over 4-5 months period. Apart from daily fitness, you should carry 4-6 KG load on your back during the practice treks. It will help you simulate the trekking conditions. We will share a training module with you once you register for the trek. This is a highly demanding climb and climbers who are successful are usually in a 4-5 month mountaineering-based training regimen prior to the climb.

#### • Climate and min temperatures during the trek

Atop Aconcagua, the weather is a fickle dance partner. While unpredictable, patterns emerge: short bursts of harsh conditions (3 days) give way to periods of stability. Surprisingly, Santiago's forecast offers better clues than Mendoza's, as weather systems roll in from the Pacific. Observant climbers at Base Camp can spot signs of brewing storms. Summit day blizzards are a no-go, so be prepared to delay your ascent if necessary. The mountain's fury comes in the form of biting winds, frigid temperatures, and whiteouts – all demanding respect. Remember, conquering Aconcagua requires not just physical strength but also the wisdom to wait for the right weather window.

#### How is the food and accommodation during the trek?

Stay will be in hotel in Mendoza and in tents during actual climb. All food provided will be healthy and nutritious (veg and non-veg combined).

#### · Do I have to carry my personal technical gear?

We will provide you with some personal technical gear.



# **FAQs**

#### • What will be the average load that a participant will need to carry during the expedition?

On the Aconcagua expedition, you can expect to carry a backpack weighing between 15-20 kilograms (33-44 lbs) during most days between camps at higher altitudes.

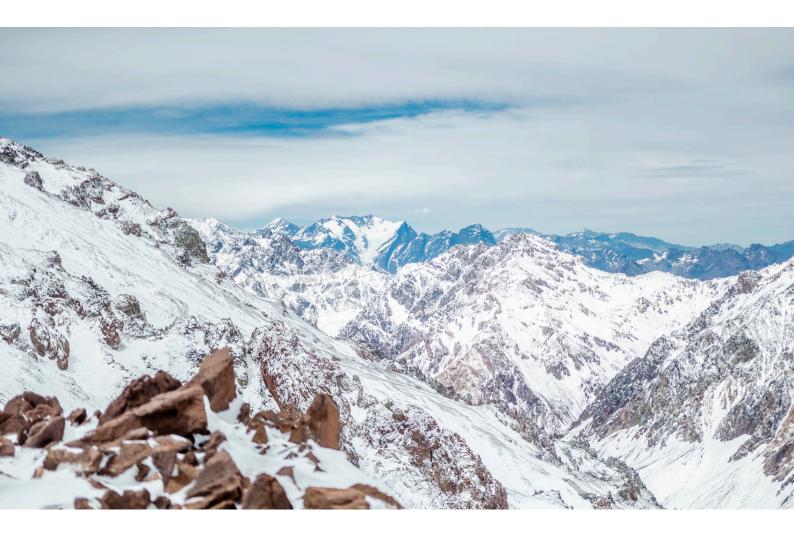
#### · What are the mediums for communication during the expedition?

Our local partners have base stations linked all around the mountain, which we use to communicate via VHF and BLU radio among the High Camps: Plaza de Mulas, Plaza Argentina, Confluencia, Puente del Inca, and Mendoza.

All our guides carry a VHF radio and they are in permanent communication with our Base Camps, the rescue patrol and the park rangers from every place in the park. In case of emergency, assistance can respond almost instantaneously. We also have a satellite phone in each base camp.

#### • What are rescue and evacuation options during the Expedition?

Medical staff: All the Camps have medical teams equipped to handle altitude sickness, minor injuries, and other medical emergencies. Evacuation from Base Camp: In case of severe illness or injury requiring further medical attention, a helicopter evacuation might be necessary to the Park gate.



# **GET IN TOUCH**

## **GIRIPREMI ADVENTURE FOUNDATION**

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